



Andrea - Primary

Scenario

Andrea is Martha's daughter and lives one town over from her. Andrea is mostly responsible for Martha and her father. She has a teenage son and an adult daughter and no husband.

Behavioral Attributes

Information Seeker: Hi  
Strategic Planner: Med  
Aware Observer: Low  
Communicator: Hi



Thomas - Secondary

Scenario

Thomas is Martha's husband and lives with her in a home that they've owned for decades. He suffers from a ABC disease and lives off social security and a modest pension.

Behavioral Attributes

Information Seeker: Low  
Strategic Planner: Low  
Aware Observer: Med  
Communicator: Med

PHASE

GOALS

ACTIVITIES

EMOTIONAL EXPERIENCE AND CHALLENGES

POINTS OF SERVICE

PRODUCT IDEAS

PREDIAGNOSTIC

Know when it's appropriate to seek a professional's medical assessment

Research and adminster self-service mental health tests

Bring Martha to initial diganosis assessment

Help Martha with ongoing health and domestic needs

Coordinate referral specialist assessment visits

INITIAL DIAGNOSIS & TREATMENT

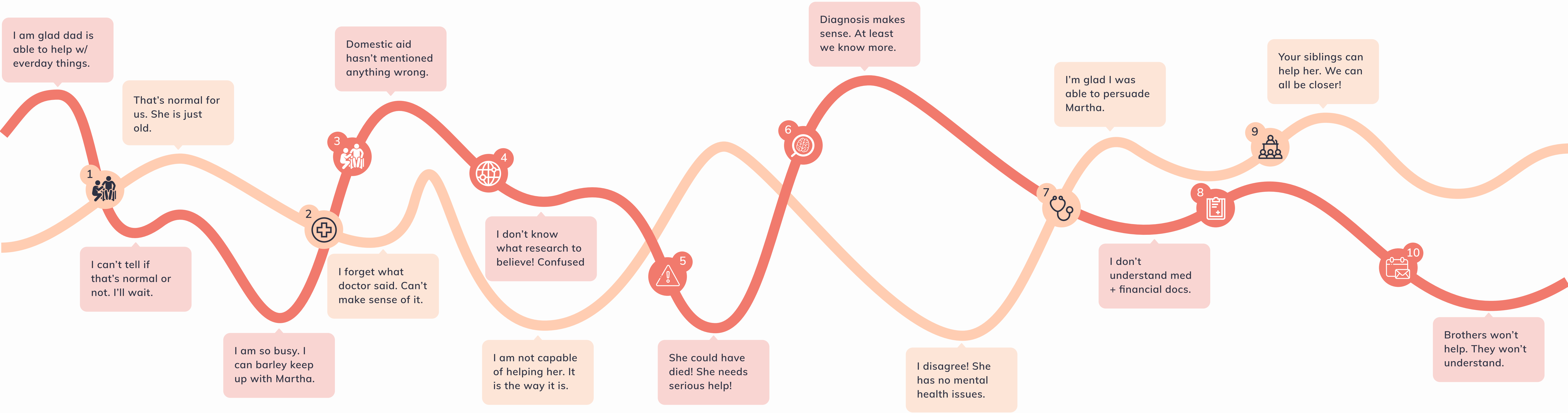
Process diagnosis and galvinize resources to implement care plan

Recieve and understand diagnosis and care plan

Educate family on Martha's condition and family impact

Identify and gather medical and financial docs/resources

Coordinate family and community caregiving support



- 1** Helps Martha w/ intimate and low-intensity errands and activities.
- 2** Often goes w/ Martha to primary and specialist care visits.
- 3** A domestic aid assists Martha with labor-intensive, specialized chores.
- 4** Self-guided research to understand and adminster mental health assessments.
- 5** Martha has a dramatic psycho-behavioral episode that puts her/others in danger.
- 6** PCP coordinates the initial neuropsycholgical assessment
- 7** Martha is persuaded, after initial resistance, to receive PCP referral assessments
- 8** Recieves Care Plan and info on med, financial, legal docs needed for care.
- 9** Informs family about Martha condition and care expectations.
- 10** Emails family caregiving educ content and appointments to recruit their help.





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PHASE

CARE MONITORING & MANAGEMENT

CARE TRANSITION & END OF LIFE MANAGEMENT

GOALS

Ensure patient physical and mental health is managed and improves

Mitigate health and financial harm to patient and family

ACTIVITIES

Coordinate w/ family on caregiving schedules + updates

Find + manage specialized caregivers

Coordinate med, fin, legal docs transfer to facility

Maintain relationship w/ Martha

Attend to Martha thru EOL

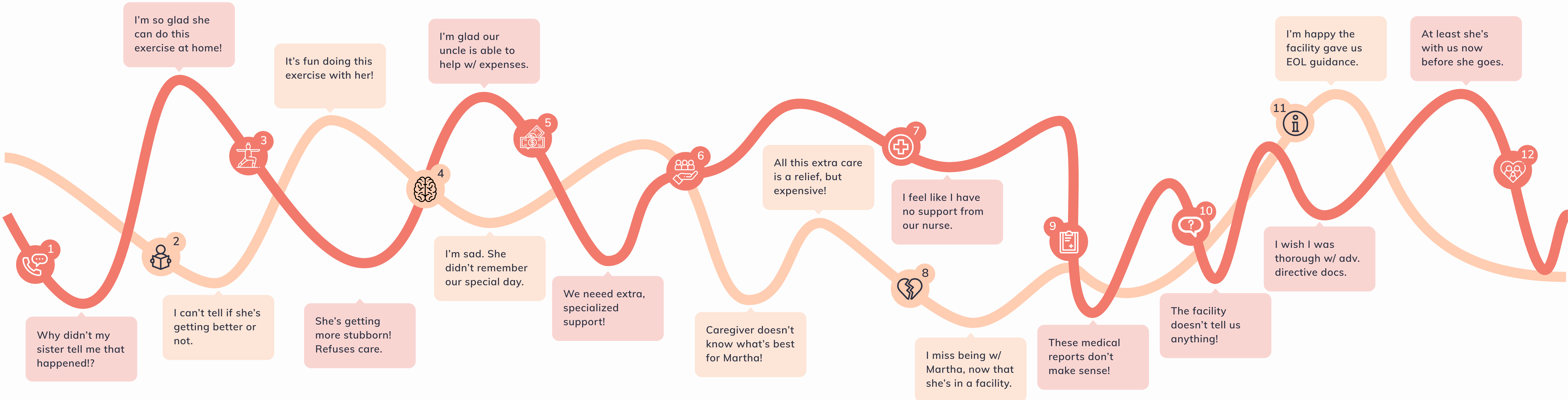
Coordinate care plan progress monitoring w/ provider

Adminster care tasks + communicate w/ care team

Remote + in-person follow-up on care progress w/ facility

Setup EOL docs, services, + location

EMOTIONAL EXPERIENCE AND CHALLENGES



POINTS OF SERVICE

- 1 Forgotten or missed phone calls + messages between family

2 Routine cognitive tasks, reading news paper, between Marhta + Thomas

3 Physical therapy sessions conductedover video conference

4 Emotional, life events that are complicated by dementia

5 Uncle uses community connections + own \$ to help w/ caregiving costs

6 Search, identify, + validate specialized caregiving services

7 In-frequent + difficult to schedule check-ins, chats w/ provider

8 Thomas + Martha separate in transition to facility

9 Health assessment + advanced directive docs are confusing

10 Facility updates + comms are limited and infrequent

11 Family bring Martha home. Facility gives EOL guidance

12 Facility updates + comms are limited and infrequent

PRODUCT IDEAS





Carmen - Facility

Scenario

Carmen works at an assisted facility having had 6 years experience as an nurse for the elderly in El Salvador. She supports 15 patients a day with help from facility staff.

Behavioral Attributes

Information Seeker: Med  
Strategic Planner: Med  
Aware Observer: Hi  
Communicator: Hi



Jason - Agency

Scenario

Jason is a recent nursing program graduate and workd for an elder care agency. He spent a few summers taking care of his grandma, but has no professional eldercare experience.

Behavioral Attributes

Information Seeker: Hi  
Strategic Planner: Hi  
Aware Observer: Low  
Communicator: Low

PHASE

PRE ADMISSION / PATIENT INTRODUCTION

PATIENT CARE ONBOARDING

GOALS

Be prepared to properly receive and provide care to new resident/client

Develop rapport with patient and operationalize care plan interventions

ACTIVITIES

Recieve assignment schedule and task list

Speak with facility manager and review care plan

Learn new caregiving skills

Develop rapport + relationship w/ patient

Contact family to learn about patient

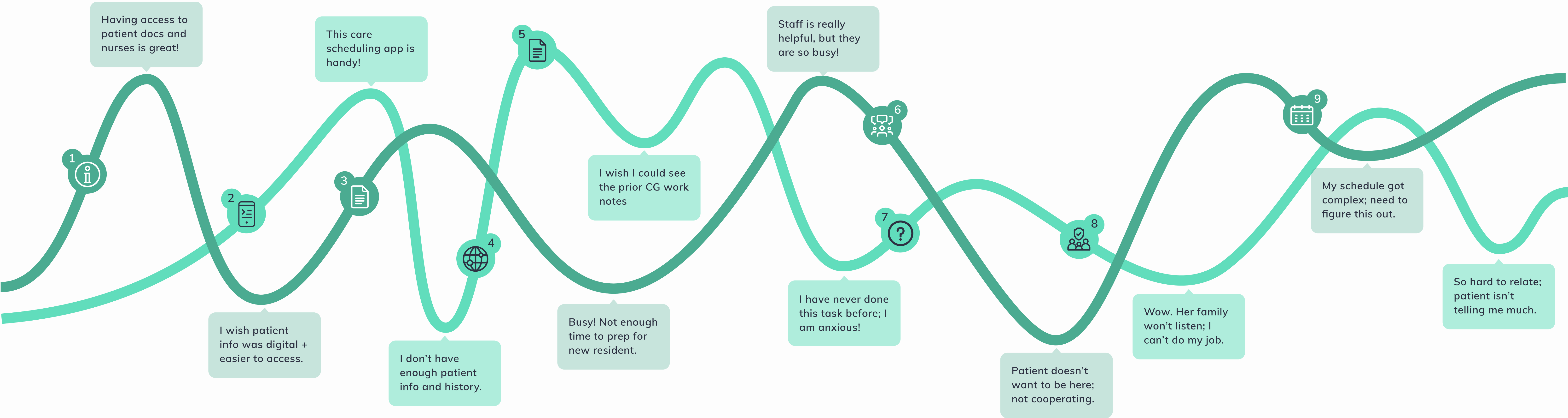
Review previous CG written notes

Develop care routine for patient

Coordinate + negotiate caregiving tasks w/ family

Proactively seek info + help from staff

EMOTIONAL EXPERIENCE AND CHALLENGES



POINTS OF SERVICE

- 1 Care plan information made available to facility management staff and systems.
- 2 Agency app to help with basic scheduling and care task list mgmt services.
- 3 Interact w/ working and patient paper docs, posted on walls, and clipboards.
- 4 Self-guided research to address info gaps due to lack of patient info provided.
- 5 Ad-hoc chats or post-it notes to learn about prior CG work and patient updates.
- 6 Daily stand-up meetings w/ colleagues to address patient updates and info gaps.
- 7 Complex tasks leave CGs to learn by trial-error or thru self-guided research.
- 8 Family assert their authority and bias over CG which makes work difficult.
- 9 Daily work schedule is memorized and printed on worksheets.

PRODUCT IDEAS





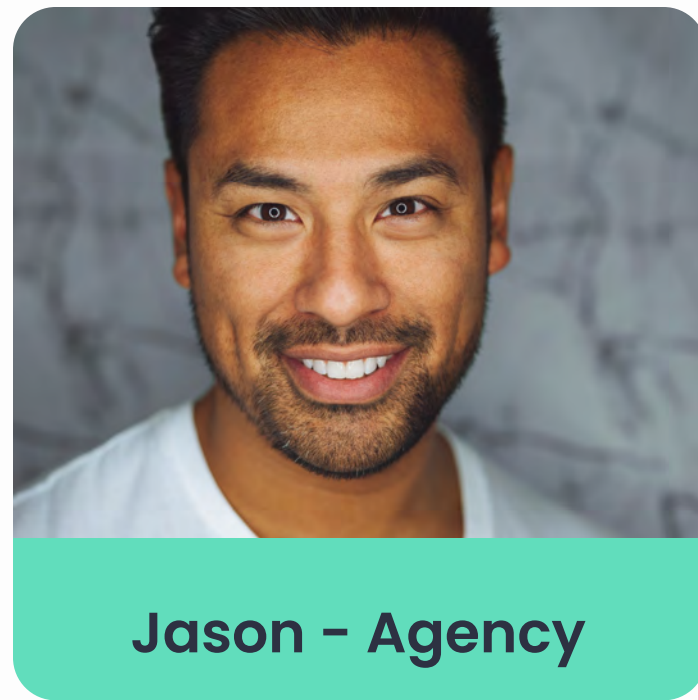
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PHASE

CARE MONITORING & MANAGEMENT

CARE TRANSITION MANAGEMENT

GOALS

Ensure patient physical and mental health is managed and improves

Mitigate health and financial risk to patient and employer/self

ACTIVITIES

Recieve assignment schedule and task list

Coordinate w/ staff to ensure 15+ residents adhere to care plan

Submite careplan change requests

Fill out work/patient deliverables/forms before clocking out

Review communication logs from other staff/CG

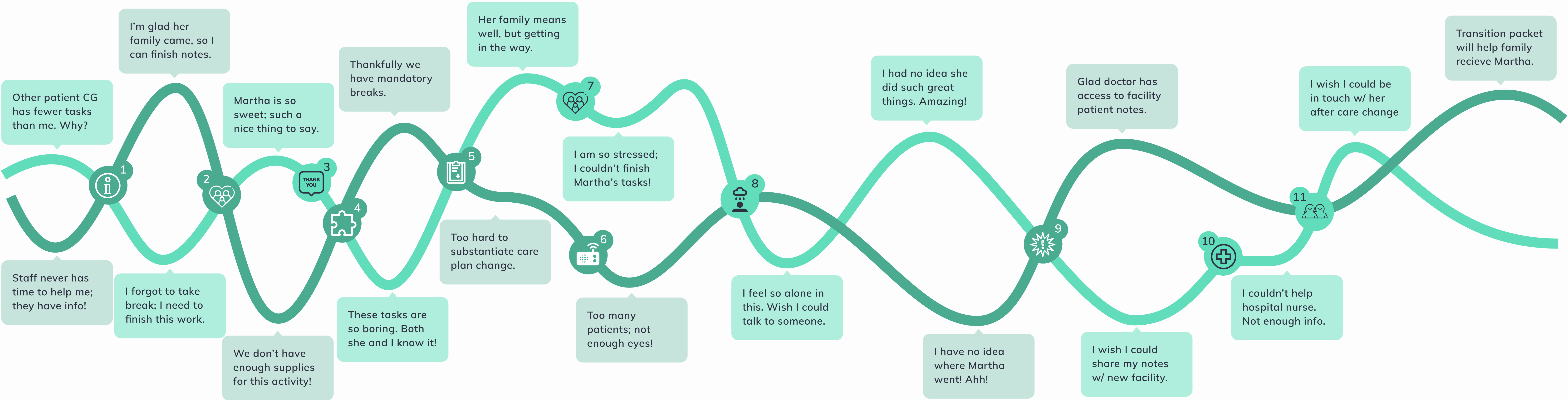
Take breaks to avoid burn out

Drive patient to docors, interact w/ them

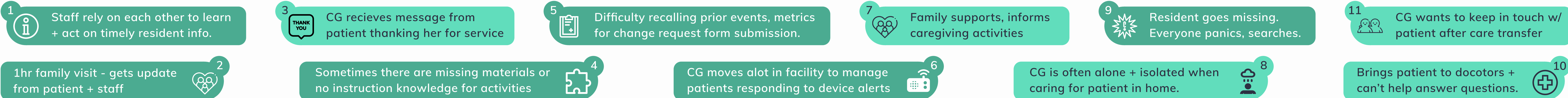
Help patient with physically intensive tasks

Manage family input, CG experience

EMOTIONAL  
EXPERIENCE  
AND  
CHALLENGES



POINTS OF  
SERVICE



PRODUCT  
IDEAS